



# VIRGINIA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**MICHAEL NICHOLS**

Has Established The

**-120 MASTER 3A EQUIPPED RECORD (2015-2021)**

**110 KG BENCH PRESS**

**35TH ANNUAL OPEN NATIONAL CHAMPIONSHIP**

**05/19/2017**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport