



## AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**HELEN WHITE**

Has Established The

**-63 MASTER 3B**

**Equipped (2015-2021)**

**130 KG DEADLIFT SINGLE LIFT**

**35TH ANNUAL OPEN NATIONAL CHAMPIONSHIP**

**05/19/2017**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport