



NEW MEXICO STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

BILL HELMICH

Has Established The

**-120 MASTER 4A EQUIPPED RECORD (2015-2021)
150 KG BENCH PRESS SINGLE LIFT**

**2014 IPF WORLD MASTERS - PILSEN, CZECH REPUBLIC
09/21/2014**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport