



PENNSYLVANIA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

CATHY AVERY

Has Established The

**-63 MASTER 1A RAW RECORD (2015-2021)
215 KG TOTAL PUSH-PULL**

**2017 MID-ATLANTIC REGIONAL CHAMPIONSHIP
08/04/2017**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport