

PENNSYLVANIA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

DONALD SHIRK

Has Established The

-83 MASTER 5A RAW RECORD (2015-2021) 52.5 KG BENCH PRESS SINGLE LIFT

2017 MID-ATLANTIC REGIONAL CHAMPIONSHIP 08/04/2017



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport