



## IDAHO STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**ETTA NICHOLS**

Has Established The

**-30 YOUTH 2 RAW RECORD (2015-2021)  
17.5 KG BENCH PRESS SINGLE LIFT**

**NORTHWEST REGIONAL CHAMPIONSHIP  
08/05/2017**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport