



# PENNSYLVANIA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**CATHY AVERY**

Has Established The

**-63 MASTER 1B RAW RECORD (2015-2021)  
215 KG TOTAL PUSH-PULL**

**2017 MID-ATLANTIC REGIONAL CHAMPIONSHIP  
08/04/2017**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport