



## AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JOHN LAFLAMME**

Has Established The

**-93 MASTER 3B**

**Raw (2015-2021)**

**208 KG SQUAT**

**2017 RAW NATIONAL CHAMPIONSHIPS**

**10/10/2017**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport