



VIRGINIA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

DAVID RICKS

Has Established The

**-93 OPEN RAW RECORD (2015-2021)
207.5 KG BENCH PRESS SINGLE LIFT**

**2017 RAW NATIONAL CHAMPIONSHIPS
10/10/2017**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport