



## IOWA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**CHARLES FRIDAY**

Has Established The

**-93 JUNIOR**

**Equipped Record (2015-2021)**

**580 KG TOTAL**

**MN STATE**

**01/01/2012**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport