



# MASSACHUSETTS STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JILL ARNOW**

Has Established The

**84+ MASTER 2B EQUIPPED RECORD (2015-2021)**

**162.5 KG SQUAT**

**WORLD MASTERS CHAMPIONSHIPS**

**10/01/2017**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport