



INDIANA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

DARYL HOLMES

Has Established The

-74 MASTER 1A

Raw Record (2015-2021)

77.5 KG BENCH PRESS SINGLE LIFT

2017 NON-RESIDENT OHIO STATE CHAMPIONSHIP

06/03/2017



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport