



MASSACHUSETTS STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

KAREN BLESSINGTON

Has Established The

**-57 MASTER 1A EQUIPPED RECORD (2015-2021)
82.5 KG BENCH PRESS SINGLE LIFT**

**3RD ANNUAL WORCESTER OPEN
01/14/2018**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport