



## MASSACHUSETTS STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**KAREN BLESSINGTON**

Has Established The  
**-57 MASTER 1B**  
**Equipped Record (2015-2021)**  
**82.5 KG BENCH PRESS SINGLE LIFT**  
**3RD ANNUAL WORCESTER OPEN**  
**01/14/2018**



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