



## PENNSYLVANIA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**NILE MONTGOMERY**

Has Established The

**-74 MASTER 1A**

**Equipped Record (2015-2021)**

**140.61 KG BENCH PRESS SINGLE LIFT**

**SCI-GRATERFORD WINTER POWERLIFTING MEET**

**12/03/2017**



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