



NORTH CAROLINA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

LIANE BLYN

Has Established The

**-84 MASTER 1A EQUIPPED RECORD (2015-2021)
191 KG BENCH PRESS SINGLE LIFT**

**ARNOLD - GRAND PRIX
03/04/2017**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport