



ILLINOIS STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

LANCE GROAT

Has Established The

**-59 MASTER 1B RAW RECORD (2015-2021)
200 KG SQUAT**

**MENS CHICAGOLAND RAW OPEN 2018
03/18/2018**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport