



## **SOUTH CAROLINA STATE RECORD CERTIFICATE**

**THIS CERTIFIES THAT**

**BETTY POLENIK**

Has Established The

**-63 MASTER 3A RAW RECORD (2015-2021)  
110 KG SQUAT**

**BATTLE ON THE BORDER  
03/24/2018**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport