



## AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**DANIEL SIDES**

Has Established The

**-74 MASTER 3A**

**Raw (2015-2021)**

**148.5 KG BENCH PRESS SINGLE LIFT  
3RD IPF WORLD CLASSIC BENCH PRESS  
05/14/2018**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport