

SOUTH DAKOTA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

ELIZABETH RICHARDSON

Has Established The

-84 MASTER 1B RAW RECORD (2015-2021) 67.5 KG BENCH PRESS SINGLE LIFT

3RD IPF WORLD CLASSIC BENCH PRESS 05/14/2018



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport