



# HAWAII STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**CARAMON RAMOS**

Has Established The

**-83 TEEN 3**

**Raw Record (2015-2021)**

**112.5 KG BENCH PRESS SINGLE LIFT**

**HAWAII STATE CHAMPIONSHIP**

**06/30/2018**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport