



## TEXAS STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**TRISTEN BRESNAHAN**

Has Established The

**-74 EMPOWERID**

**Raw Record (2015-2021)**

**155 KG SQUAT**

**SOUTHERN REGIONALS CHAMPIONSHIP**

**08/11/2018**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport