

## MARYLAND STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## **LENORE GELB**

Has Established The

-63 MASTER 3B RAW RECORD (2015-2021) 40 KG BENCH PRESS SINGLE LIFT

> MID-ATLANTICREGIONALS 08/05/2018



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport