

## FLORIDA STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## **RICHARD PHAM**

Has Established The

-66 TEEN 3 RAW RECORD (2015-2021) 140 KG BENCH PRESS SINGLE LIFT

> BENCH PRESS NATIONALS 09/15/2018



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport