



## MICHIGAN STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**FRED LAMBERT**

Has Established The

**-74 MASTER 3A**

**Raw Record (2015-2021)**

**330 KG TOTAL**

**IRON WORKS OPEN X**

**08/02/2014**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport