



# OKLAHOMA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**TRYSTAN SELF**

Has Established The

**-74 TEEN 3 RAW RECORD (2015-2021)  
122.5 KG BENCH PRESS**

**2017 OKLAHOMA STATE CHAMPIONSHIPS  
01/21/2017**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport