



## ARIZONA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**LIZA KOVACH**

Has Established The  
**-84 MASTER 1B**  
**Raw Record (2015-2021)**  
**257.5 KG TOTAL PUSH-PULL**  
**IRON & ICE PUSH/PULL**  
**01/12/2019**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport