



# **VIRGINIA STATE RECORD CERTIFICATE**

**THIS CERTIFIES THAT**

**WINSTON SHIELDS**

Has Established The

**-105 TEEN 3 RAW RECORD (2015-2021)  
650 KG TOTAL**

**2019 VIRGINIA WINTER OPEN #2  
01/26/2019**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport