



HAWAII STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

KRISSTY SUMIDA

Has Established The

-47 JUNIOR

Equipped Record (2015-2021)

62.5 KG BENCH PRESS SINGLE LIFT

2019 WINTER CLASSIC AND NORTHEAST COLLEGIATE REGIONAL

02/16/2019



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport