



# MASSACHUSETTS STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**MIKE MONFREDO**

Has Established The

**-59 TEEN 3 MASSACHUSETTS RAW STATE RECORD (2015-2021)  
152.5 KG SQUAT**

**JAL RYAN MOORE NEW ENGLAND STATES OPEN HIGH SCHOOL CHAMPION  
03/10/2019**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport