



## DELAWARE STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**MICHAEL TOMS**

Has Established The

**-105 MASTER 1A RAW RECORD (2015-2021)  
182.5 KG SQUAT**

**DELAWARE STATE CHAMPIONSHIP  
04/07/2019**

DECEMBER 7, 1787



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport