



## DELAWARE STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**MICHAEL TOMS**

Has Established The  
**-105 MASTER 3A**  
**Raw Record (2015-2021)**  
**182.5 KG SQUAT**  
**DELAWARE STATE CHAMPIONSHIP**  
**04/07/2019**

DECEMBER 7, 1787



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