



# **TENNESSEE STATE RECORD CERTIFICATE**

**THIS CERTIFIES THAT**

**KEITH STROUD**

Has Established The

**-74 YOUTH 3 RAW RECORD (2015-2021)  
250 KG TOTAL**

**TENNESSEE AND SURROUNDING STATES CHAMPIONSHIP  
04/13/2019**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport