

CALIFORNIA STATE RECORD CERTIFICATE

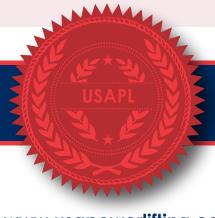
THIS CERTIFIES THAT

MICHAEL EFIRD

Has Established The

-105 MASTER 1B RAW RECORD (2015-2021) 150 KG BENCH PRESS PUSH-PULL

2016 CALIFORNIA STATE GAMES 07/16/2016



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