



# CALIFORNIA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JOHN PLANAS**



Has Established The

**-120 MASTER 1A RAW RECORD (2015-2021)  
322.5 KG DEADLIFT PUSH-PULL**

**2017 AMERICAN OPEN  
12/08/2017**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport