



## NEW YORK STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**MEGAN HIMES**

Has Established The

**-72 JUNIOR RAW RECORD (2015-2021)  
92.5 KG BENCH PRESS SINGLE LIFT**

**NEW YORK LADIES OF IRON  
05/04/2019**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport