



## NEVADA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**EMILY THOMAS-TRAN**

Has Established The

**-63 OPEN RAW RECORD (2015-2021)  
80 KG BENCH PRESS SINGLE LIFT**

**IDAHO LADIES OF IRON  
05/04/2019**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport