

AMERICAN RECORD CERTIFICATE

THIS CERTIFIES THAT

JADE DICKENS

Has Established The

84+ MASTER 1B RAW (2015-2021) 135 KG BENCH PRESS SINGLE LIFT

IPF CLASSIC WORLD BENCH PRESS CHAMPIONSHIPS - TOKYO JAPA
05/18/2019



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport