



# MARYLAND STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**RYAN HANDEL**

Has Established The

**-53 JUNIOR**

**Raw Record (2015-2021)**

**115 KG SQUAT**

**CONNECTICUT LADIES OF IRON STATE CHAMPIONSHIPS & MAY SHOW**

**05/04/2019**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport