



MARYLAND STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

RYAN HANDEL

Has Established The

-53 TEEN 3

Raw Record (2015-2021)

65 KG BENCH PRESS SINGLE LIFT

CONNECTICUT LADIES OF IRON STATE CHAMPIONSHIPS & MAY SHOWDOWN

05/04/2019



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport