



## AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**KOLE METTS**

Has Established The

**-59 TEEN 3 RAW (2015-2021)  
250 KG DEADLIFT SINGLE LIFT**

**IPF 7TH WORLD CLASSIC CHAMPIONSHIPS  
06/04/2019**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport