

## LOUISIANA STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## **CARA HAYES**

Has Established The

-47 TEEN 3 RAW RECORD (2015-2021) 100 KG DEADLIFT

> 2019 CALCASIEU CUP 06/22/2019



www.usapowerlifting.com America's Choice Drug-Free Strength Sport