



CONNECTICUT STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

LAURA TIEDGE

Has Established The

**-63 MASTER 2B RAW RECORD (2015-2021)
37.5 KG BENCH PRESS SINGLE LIFT**

**FIBO-USA GLOBAL FITNESS EXPO CHAMPIONSHIPS
10/19/2019**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport