



# AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JILL ARNOW**

Has Established The

**-90 MASTER 1B EQUIPPED  
185 KG DEADLIFT SINGLE LIFT**

**BATON ROUGE, LA  
02/01/2007**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport