

MISSISSIPPI STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

TED LONGO

Has Established The

-83 MASTER 1B EQUIPPED RECORD (2015-2021)
117.5 KG BENCH PRESS SINGLE LIFT

MASTERS EQUIPPED CHAMPIONSHIPS POTCHEFSTROOM SOUTH 10/07/2019



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport