



MISSISSIPPI STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

TED LONGO

Has Established The

**-83 MASTER 2B EQUIPPED RECORD (2015-2021)
117.5 KG BENCH PRESS SINGLE LIFT**

AT THE 2019 MISSISSIPPI STATE MASTERS EQUIPPED CHAMPIONSHIPS POTCHEFSTROOM SOUTH A

10/07/2019



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