



## NEBRASKA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**UMAR KHAN**

Has Established The

**-93 MASTER 1**

**Raw Record (2015-2021)**

**187.5 KG SQUAT**

**MIDWEST SENIOR STATES**

**12/08/2019**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport