



## AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**SYDNEY MAKOWSKI**

Has Established The

**-67.5 TEEN 1**

**Raw**

**55 KG BENCH PRESS**

**"GULF COAST CHAMPIONSHIPS" PORTLAND, TX**

**03/10/2013**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport