



# ARIZONA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JOHN WHITE**

Has Established The

**-93 MASTER 3A EQUIPPED RECORD (2015-2021)  
136.1 KG BENCH PRESS SINGLE LIFT**

**11/17/1990**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport