



# AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**LINDSAY BLYSTONE**

Has Established The

**-90 COLLEGIATE**

**Raw**

**120 KG SQUAT**

**2013 AMERICAN OPEN (OAKS, PA)**

**12/07/2013**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport